

Dr Palshetkar has been furthering the cause of women's health in India for over three decades

After completing her under- and post-graduate medical studies at the Grant Medical College Hospitals in Mumbai; Nandita gained training fellowships; enhancing her extensive clinical repertoire in our discipline; particularly in assisted conception.

Dr Palshetkar is Founder Medical Director of the famous Bloom IVF group.

Spread across eight Indian cities, the Group has received the International Frost and Sullivan award in 2013, for pioneering work in reproductive medicine.

Nandita is passionate about under- and postgraduate education in O&G; having overseen Indian MD examinations; besides conducting endocrinology and infertility workshops nationwide.

Nandita has many path breaking technologies in India to her credit, including ICSI, laser hatching, egg and ovarian tissue freezing, besides spindle check and embryoscope, a first in Asia, with pathbreaking noninvasive preimplantation testing using whole genome amplification of DNA.

Using subsequent NGS analysis for PGT -A., the first birth in India was published in the reputed journal Polymorphism. She introduced the single sperm freezing technique using the sperm vitrification device; she is also involved in innovative ovarian rejuvenation research using PRP and bone marrow stem cells .

As a doctor, a wife, a sister and a mother, her message as FOGSI President in 2019 was to empower women with her "We for Stree (Woman)" – initiative aimed at making India's women safer, stronger and smarter.

Having stayed in touch with the health needs of those most in need, by continuing women's health awareness and educational programmes; Nandita has actively contributed to government policy-making bodies on women's health and family welfare like the Surrogacy Bill; seeking successful collaborations between the healthcare industry, commerce and the government.

Almost by extension, she is currently the President of AMOGS, leading 8000 gynaecologists in the state's fight against COVID 19.

As Organising Secretary, Nandita proved her organisational acumen during the highly successful AICOG in Mumbai in 2013. Her fine mettle at spearheading conferences was further honed when she became the President of Indian Association of Gynaecology Endoscopists IAGE in 2017. The Indian Society of Assisted Reproduction ISAR, of which she is the President Elect, awaits her management expertise in 2022.

Nandita has been extremely supportive in her work with the RCOG, in her own organisational capacity; and also through key professionals in the AICC RCOG, the AICOG & FOGSI committees: in their wider membership, both in India and abroad.

Her influence within the 40,000 plus strong membership of FOGSI and continuing roles in the organisation promises to open new vistas in mutual co-operation between the UK and India in furthering the cause of women's health in both countries by mutual exchange of expertise, guidelines and technological know how.

For those of us, who know her personally, many remain mystified by her boundless energy and zest; her infinite capacity for time-travel; and yet remain unfazed in her commitments. She is warm, kind and always smiling for the numerous smart phones; and despite her hectic schedule finds time for her loving husband Pradip; her son Rohan who is with her today, Karishma and baby Zuri.

Nandita has written chapters in many books and journals and has been a guest speaker at many national and international conferences.

She has been honoured both nationally and internationally, with numerous prizes and citations, including the Bharat Gaurav Award in 2014 at the House of Commons, the Times Network National Award for Outstanding Contribution to Healthcare in 2017; and the Golden Globe Tigers Award, Malaysia, also in 2017; to name a few..